

Compression Garments

Choose one of these two before your surgery

Compression is an important part of swelling control.
You should buy one of these two options to help with swelling after surgery. You do not need both. Have it at home and ready before your surgery date.

Which one should I get?

It comes down to your **upper thigh measurement** and what you find comfortable.

Most patients prefer the **Reparel sleeve** if their upper thigh measurement is **under 24 inches**. The **EdemaWear** stockinet is **cooler** and is constructed to milk fluid out of the leg — some patients much prefer it, and it works at any size.

	Reparel Leg Sleeve	EdemaWear Stockinet
Coverage	Ankle to upper thigh	Foot to upper thigh
Best for	Upper thigh under 24"	Any size. Runs cooler .
How it works	Full-length compression sleeve	Milks fluid out of the leg
Where to buy	reparel.com Use code TRIA20 for 20% off	edemawear.com (402) 660-9834

Measure your upper thigh before you order. Both products are sized from that measurement, and a garment that does not fit will not help you. If you are close to the next size up, **pick the larger size**.

Option 1: Reparel Leg Sleeve

A full-length sleeve running from the **ankle to the upper thigh**. Most patients like this one if their upper thigh measures **under 24 inches**.

How to buy it

- Go to www.reparel.com
- Use discount code **TRIA20** for **20% off**
- Measure the circumference of your **upper thigh** and use the chart below
- **If you are between sizes, choose the larger one.**

Leg Sizing

Measure the circumference of upper thigh.



Small: 16-20"
Medium: 20-24"
Large: 24-28"
XL: 28-32"
XXL: 32"+

If you are close to the next size up pick the larger size

Reparel sizing, by upper thigh circumference.

Option 2: EdemaWear Stockinet

Fits from the **foot to the upper thigh**. It runs **cooler** than a sleeve and is built to milk fluid out of the leg. It works at any thigh size.

Which size to order

Measure your upper thigh, then:

- Thigh **over 24"** → order the **MEDIUM** (yellow stripe, #0960001)
- Thigh **under 24"** → order the **SHAPED** (grey stripe, #SH06018)

Practical notes

- It can be **cut to length** and will not unravel.
- Wear it in **direct contact with your skin**. If you wear socks, put them on **over** it.
- To keep it from rolling down, turn the end over to make a 3-inch cuff.
- Wash cold, hang dry. Remove it daily for bathing.

EdemaWear sizing chart

The manufacturer's full sizing chart is below. **For your knee replacement, you only need the two sizes noted on the previous page** — Medium (thigh over 24") or Shaped (thigh under 24"). The rest of the chart is for other uses.

EdemaWear - Sizing Guide		
SIZE	ARM/CALF/THIGH CIRCUMFERENCE	SITE
Small Navy Stripe Product Code #0600001	Up to 18" (45cm) Stockinet Length: 22"	• Wrist to Shoulder • Foot to Knee
Medium Yellow Stripe Product Code #0960001	Up to 30" (75cm) Stockinet Length: 34"	• Wrist to Shoulder • Foot to Knee or Groin Thigh > 24"
Large Red Stripe Product Code #120L001	Up to 46" (115cm) Stockinet Length: 24"	• Knee to Groin For Obese Individuals
X-Large Aqua Stripe Product Code #160XL01	Up to 60" (150cm) Stockinet Length: 24"	• Knee to Groin For Morbidly Obese Individuals
Small LITE (For Tender Skin) Purple Stripe Product Code #L060017	Up to 24" (60cm) Stockinet Length: 22"	• Wrist to Shoulder • Foot to Knee
Medium LITE (For Tender Skin) Orange Stripe Product Code #L096034	Up to 36" (90cm) Stockinet Length: 34"	• Wrist to Shoulder • Foot to Knee or Groin
Small SHAPED (Cone-Shaped) Grey Stripe Product Code #SH06018	Calf Up to 18" (45cm) Mid-Thigh Up to 24" (60cm) Stockinet Length: 30"	• Foot to Mid-Thigh Note thigh measurement

Stockinets may be cut to length.

EdemaWear sizing guide. Compression Dynamics, LLC.

Not sure which to buy, or not sure of your measurement? Ask at your pre-op visit, or call the office at 952-831-8742. Getting this wrong means the garment does not fit and does not help — it is worth one phone call.